

## Meet our Midwives – Sunday 23<sup>rd</sup> April 2017

2:30pm - 4:30pm

131 Hill Street, Toowoomba



**Sonya Beutel**  
**Midwife & Director**



Sharing in the birthing journey with a woman and her family is an honour and a privilege. Sonya's belief is that having a baby is more than adding another member to your family, but it is a journey of discovery and transformation for every member involved. It's a time where you reach the highest of highs or the lowest of lows and with good support and guidance your experience can be one of the most amazing of your life. Whether you choose to or not, you will be changed by your birth from that day forward. The relationship that Sonya develops with her mother's is one of trust, which extends to the family, *Nurturing them through pregnancy, birth and beyond.*

Sonya completed her Midwifery Qualifications in 1997 after 6 years working in paediatrics. Since then, Sonya has worked in the Public Health System in maternity until 2004 when she started caring for families in their home which is her greatest passion! Sonya is registered with the Qld Nursing Council as a Registered Nurse and Private Practice Midwife and she is a member of the Australian College of Midwives.

Choosing Sonya as your personal midwife ensures that you will be supported by an experienced medical professional that you know and trust during your pregnancy, birth and post birth period. Whether you have your baby at home or in hospital, a vaginal birth or a caesarean birth, it's important that you have control over the decision-making processes and your birthing options. Sonya primarily provides home birth services and also has visiting rights and full access at the Toowoomba Health Service and Birthing Centre. She is able to offer birth support to mother's in both the private and public hospitals across South East Queensland within a 2.5 hour radius offering the full range of care including pre-birth, relaxation and birth classes, pap smears and sexual health issues.



**Dawn Reid**  
**Midwife, Clinical Nurse & Director**



Currently a Private Practice Midwife following tertiary education in 2010 attaining a Master in Midwifery and in 2015 qualifications in prescribing, diagnostics and pharmacology. This then led to the commencement of *Lockyer Valley Midwifery* in 2016 offering premium midwifery services to the *Lockyer Valley* and surrounds.

Lockyer Valley Midwifery has proudly established Women's Health Clinic which offers services for all women including:-

- Antenatal, Birth, Birth and Postnatal care and advice
- Antenatal Classes (preparing for your baby and birth)
- Pap Smears
- Sexual Health Advice

Dawn started Nursing in New Zealand in 1991 after receiving qualifications a long career followed. Progressing to a Staff Nurse then a few years later a Public Health Nurse, Advanced Practice Nurse, Clinical Nurse, Paediatric Nurse, Industrial Medic and many other various positions over the last twenty five years. Since obtaining Midwifery qualification in 2010 Dawn advanced to Clinical Midwife with experience in management and policy over this time. At the beginning of 2014 Dawn commenced employment as a caseload Midwife loving the sensible continuity model familiar from her birth country New Zealand.

More importantly a mother of four beautiful kids and very much aware of the challenges of becoming a parent and parenting in general. "I believe in holistic care, covering all aspects of pregnancy, birth, antenatal and postnatal whilst supporting the entire family and extended family to make the entire experience the most beautiful and empowering of your life".



**Letisha Dawson**  
**Midwife & Paramedic**

Hi, my name is Letisha, I'm 35 years old and a wife and mother to two gorgeous children aged five and two. Born and raised in Toowoomba, we have continued to make this beautiful city our home.

My journey to midwifery as a career has been a fulfilling one, whilst on maternity leave with my eldest child in 2012, I started my Bachelor of Midwifery through Griffith University. Graduating in 2014 I was able to secure permanent employment as a Midwife at the Toowoomba Base Hospital, where I currently work today. While I continue to work at the hospital and occasionally at the Ambulance, I regularly support midwives in private practice with birth support and back-up, especially in the home birth setting. My goal is to qualify for Medicare eligibility in the future and provide women and families with private midwifery care across all aspects of pre-pregnancy, pregnancy, birth and post-birth realms.

I find great personal and professional pleasure in providing families with support throughout their pregnancy and parenting journeys - the toughest yet most fulfilling job in the whole world. Becoming a parent whether it is the very first or tenth time is an experience that I believe needs to be nurtured, empowered, safe and most of all full of LOVE. I can't wait to meet you and provide birth support care to you and your family.



**Trish Sullivan**  
**Student Midwife**

My name is Trish Sullivan...I am a mother of six children and a grandmother of 2 girls with my most recent 6<sup>th</sup> baby born as a VBAC. Therefore having 5 caesareans and my last baby born naturally with the support of a private midwife has inspired my journey to midwifery and to combine all my experiences of birth, motherhood and parenting will be an asset to the families that I hope to meet.

I'm currently in my second year of a Bachelor of Midwifery at ACU and I am excited and humbled to be welcomed as part of the *Nurture* team which I am looking forward to the wonderful and varied experiences this will provide.

As a student midwife, my main role will be to observe, learn and engage with the midwives and families throughout their birthing journey. I will I am thrilled to have this opportunity and combined with my clinical experience to date, I will be with Nurture to the end of 2018.

I have a degree in creative arts but have worked predominantly in welfare as a youth worker offering support to disengaged or at risk youth and their families. I have also been privileged to work with many young women during pregnancy and beyond. My journey to midwifery has been inspired by both my professional and personal experiences culminating with the birth of my son via VBAC. The care and support I received from my midwife was life changing and after years of advocating for the rights of women I finally found my calling in midwifery. I believe that family is the essence of our global community with mothers and their children at the centre. My dream is to eventually become a private practicing midwife and have aspirations to establish a community based hub that offers a wide range of services accessible to all women. I am a proponent of holistic woman centred care that empowers and is tailored to suit the needs of the woman and her family. I believe in birth and am a strong advocate for a woman's right to informed choice. I feel deeply honoured to have the opportunity to join you and your family on your unique journey.